

# Youth Community Activities Bulletin - 2021 to 2022.

## December 2021 Issue



Dance



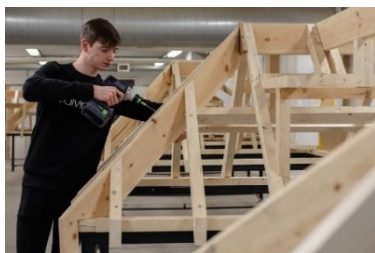
Youth Work



Movie making



Musical Theatre



Apprenticeship skills workshops



Art



Sport

## Youth Bulletin - 'What it's all about and 'Who' it's for

Heads up!

Regrettably the first of the Apprenticeships hands on programme workshops had to be postponed until a date to be announced in January 2022, the postponement due to the Pavilion plumbing having a fit; those signed up will be notified in due course about a new date. Worry not if you do not get a place on the first one, there will be more throughout 2022; all who wish to explore this career choice will get the chance to do so.

The Bulletin can be accessed via the Parish Council website <https://www.northbaddesley-pc.gov.uk/> and at a number of 'Drop Points' around North Baddesley. Copies are sent to the North Baddesley Junior School and to Mountbatten School. At the latter your Careers Teacher will have all the information you need. The Parish Council would like to extend thanks to the Careers Teacher at the Mountbatten School and the Head Teacher at the Junior School for their efforts and support in getting news out and encouraging participation.

Pictures and articles in each monthly Bulletin provide information as to what goes on and what opportunities are available for young people.

Results of sports fixtures can be published and any achievements of and by young people. All current data rules will be strictly observed.

This Bulletin provides information about everything that young people in North Baddesley are doing, achieving, aspire to, participate in, or can access.

### Projects Clubs



The 'Projects' Club's (Junior and Senior sections) purpose is to offer the widest array of fun, learning and positive opportunities to all of its members from 9 to 17years old, inclusive

Pictures and articles in Bulletins will give you a flavour of what goes on and what is planned. This group is run by PCC David Knight, so for further info contact him at: **theknightz@hotmail.com**

How you can join:

All you have to do to join is email the Manager David Knight and he will send a Registration Form for you and your parents to sign. Each night you attend will cost £2, which includes snacks.

## **Bulletin Features and Programmes**

*(If you have an interest in a Programme simply fill out the General Expression of Interest Form at the end of this Bulletin, it should copy and paste from the PC website).*

### **Young People's Arts Programme.**

**Dance and Musical Theatre** -- Again if you wish to engage with this marvellous and fun opportunity simply fill out the Expression of Interest form at the end of the Bulletin and send it to. [theknightz@hotmail.com](mailto:theknightz@hotmail.com)



This project is led by **SportSkool/Learn Happie** and is one of the Workshops that make up the Apprenticeships Programme. This activity will become a part of an ongoing activities programme from April 2022 for young people

Musical theatre began as far back as the Ancient Greeks and had always been a firm favourite for entertainment.

Musical theatre uses song, dance, and dialogue to tell a story. Its roots go back centuries and there are specialised roles involved in putting on a production of a modern musical and comparisons can be made to opera, particularly with production such as Les Miserable



*What are the 4 elements of musical Theatre?*



- Music
- Vocals- solo singing, duets & chorus, or ensemble.
- orchestra or band accompaniment.
- Acting and spoken dialogue, however a lot of storytelling is down through song!
- dance sequences, stage spectacles and magnificent costumes and set design

*The Types of Musical Theatre*

**Book Musicals.** A "book musical" is one with traditional musical with a story that drives the music and characters, such as Fiddler on Roof and Oklahoma!

A revue is a type of musical theatre which combines singing, dancing, music, and sketches. Revues are a popular amongst student drama societies because they allow members to have the chance to showcase an array of different talents.

The society may decide on a loose theme and ask members to contribute to the show using their own interpretation of that theme. Revues may also be staged by particular composers or performers to showcase their own work. Examples of this include Side by Side (Music and Lyrics of Stephen Sondheim).



Concept Musicals are where a running theme or concept is just as important as all the other elements. For example, with the musical 'Avenue Q' - the concept of puppetry and political satire is just as important as the plot, music and staging.



'Jukebox Musical' is a musical based around existing music by artists, put together in a plot or story, for example 9 to 5- a musical written with Dolly Parton's music.

Rock/Pop Musicals are exactly as described using rock-based music or songs in a musical structure. Popular examples of this are 'Jesus Christ Superstar' or more recently, 'We Will Rock You'.

*What are the 12 elements of drama?*

They can be used in isolation or simultaneously and are manipulated by the performer for dramatic effect.

- **Focus.** Focus is often used interchangeably with the terms concentration and engagement, assisting the performer in the portrayal of believable characters

- **Tension.** Tension is created for dramatic tension within a story or plot to engage the audience and keep them guessing of what is happening.

- **Timing.** Timing is specific to movement and gestures, the actions of the actors within dialogue or song.

- **Rhythm.** As it says! You need it to deliver the story and words!



- **Contrast.** Contrast creates light and shade within in a storyline or plot to bring mood and emotions.

- **Mood and emotions** to make the story engaging and believable.

- **Space and staging,** where actors deliver, dialogue, song, or dance, such as sitting on the floor or high up in the set.

- **Language.**

*Is musical theatre good for you?*

The impacts of musical theatre go well beyond the stage. Performing is a great way to boost self-confidence and transport you out of your comfort zone. It can help build-up public speaking skills that will prepare you for any career in the future

Musical theatre needs lots of people to do lots of things such as:

- building scenery.
- painting scenery



- making costumes
- writing scripts



- admin
- lighting
- sound etc

*What can Musical Theatre achieve?*

- Tells a story
- Building friendships
- Enhancing CVs
- Improve educational skills
- Build confidence
- Offer a path to employment and apprenticeships
- Entertain.
- Get a message across
- Bring a cause to the attention of an audience
- Help raise funds for the community
- Teach and share ideas and skills
- Build organisation and management skills etc



<https://www.sportskool.co.uk/>

### Netball

\*\*\* If you would like to join the Netball programme run by **England Netball's Rose Johnston**, to start in April 2022 simply fill out the 'Expression of Interest' form at the end of this Bulletin.





If you know nothing about the game or would like to learn more about Netball, read on!!

**Netball is played** by more than 20 million people in more than 80 countries. Major domestic leagues in the sport include the Netball Super league in Great Britain. In 1995, netball became an International Olympic Committee recognised sport.

**Games are played** on a rectangular court with raised goal rings at each end. Each team attempts to score goals by passing a ball down the court and shooting it through its goal ring. Players are assigned specific positions, which define their roles within the team and restrict their movement to certain areas of the court. During general play, a player with the ball can hold on to it for only three seconds before shooting for a goal or passing to another player. The winning team is the one that scores the most goals. Netball games are 60 minutes long.



**Its development**, derived from early versions of basketball, which began in England in the 1890s. By 1960, international playing rules had been standardised for the game, and the International Federation of Netball and Women's Basketball (later renamed the International Netball Federation (INF)) was formed.

### *History*



Netball emerged from early versions of Basketball and evolved into its own sport as the number of women participating in sports increased.

The first codified rules of Netball were published in 1901 by the Ling Association, later the Physical Education Association of the United Kingdom. From England, netball spread to other countries in the British Empire. Variations of the rules and even names for the sport arose in different areas: "women's (outdoor) basketball" arrived in Australia around 1900 and in New Zealand from 1906, while "netball" was being played in Jamaican schools by 1909. From the start,

it was considered socially appropriate for women to play netball; Netball's restricted movement appealed to contemporary notions of women's participation in sports, and the sport was distinct from potential rival male sports. Netball became a popular women's sport in countries where it was introduced and spread rapidly through school systems. School leagues and domestic competitions emerged during the first half of the 20th century, and in 1924 the first national governing body was established in New Zealand.



Representatives from England, Australia, New Zealand, South Africa, and the West Indies were part of a 1960 meeting in Sri Lanka that standardised the rules for the game. The game spread to other African countries in the 1970s. South Africa was prohibited from

competing internationally from 1969 to 1994 due to apartheid. In the United States, Netball's popularity also increased during the 1970s, particularly in the New York area, and the United States of America Netball Association was created in 1992. The game also became popular in the Pacific Island nations of the Cook Islands, Fiji, and Samoa during the 1970s. Netball Singapore was created in 1962, and the Malaysian Netball Association was created in 1978.



In 1963, the first international tournament was held in Eastbourne, England. Originally called the World Tournament, it later became known as the World Netball Championships. Following the first tournament, one of the organisers, Miss R. Harris, declared,

England could learn from the mistakes in the past from the empty stands at Eastbourne. To get the right publicity and the right status desired, the game must emerge from the school playground. Netball should be part of a sports centre where social events could also be held.

The World Netball Championships have been held every four years since then. The World Youth Netball Championships started in Canberra in 1988 and have been held roughly every four years since. In 1995, the International Olympic Committee recognized the International Federation of Netball Associations. Three years later Netball debuted at the 1998 Commonwealth Games in Kuala Lumpur.

Other international competitions also emerged in the late 20th century, including the Nations Cup and the Asian Netball Championship.



Now we know!!

Ref: <https://en.wikipedia.org/wiki/Netball> - 22nd October 2021

## Youth Work

Yes, Youth Work is another Apprenticeship route for you once you hit 16 years old and it is a part of the North Baddesley apprenticeships programme and one of the Workshops you can attend in 2022. This project will be assisted by 'No Limits'. Just fill out the Expression of Interest form at the end of this Bulletin to secure your place.



### IT skills teaching and support

If you wish to explore this Apprenticeship further, contact either your Careers Teacher at School, or David Knight via the Expression of Interest form at the end of this Bulletin.



### Discussion debates and forums

## ***So, what is youth Work?***

Youth workers guide and support young people in their personal, social, and educational development to help them reach their full potential



As a youth worker, you'll set up, organise, and run community skills and learning programmes aimed at young people aged between 11 and 25. Through these programmes, you'll help them to explore and understand their ideas, values, and beliefs, building their confidence and life skills so that they can make a successful transition to adulthood.

**Encourage, teach, and support via sports**

*You may work in a variety of settings, such as:*

- colleges
- faith-based groups
- schools
- youth centres.

You may also deliver targeted street work to engage with high-risk young people.



**Detached work in and with communities**

Youth work relies on voluntary engagement by young people, and you will need to build a relationship based on trust in order to support and empower them.

## ***Responsibilities***

*You'll need to:*



- assess the needs of young people to correctly plan and deliver programmes related to areas such as health, fitness, smoking, drugs, gangs, violence, relationships, and bullying

**Set up culinary and healthy eating projects**

- set up and run arts-based activities, community/environmental projects, residential

activities, outdoor education, and sporting activities

- develop a relationship with young people based on respect and trust, ensuring they have a safe place to develop their identity and place in society



- establish boundaries and challenge inappropriate behaviour
- support young people in different settings, including outreach work

### **Use music as a learning tool**

- mentor, coach, and support individuals, encouraging greater social inclusion
- set targets for progression and regularly monitor and review the quality of the local youth work provision
- work in partnership with families and other key people in the young person's life, as well as with professionals from other organisations involved with young people such as social care, health, police, education, youth offending teams and local authorities, in order to build a strong support network



- attend and contribute to multi-agency meetings, bringing together practitioners from different sectors as part of a 'team around the family' (TAF) approach

### **Encourage creativity and business enterprise**

- attend regular training and development opportunities to maintain an up-to-date knowledge of safeguarding, health and safety, and local policy developments
- recruit, train and manage staff, including volunteers
- undertake administrative tasks, maintain effective recording systems and respond to queries
- work with parents and community groups to win support for improved provision and act as an advocate for young people's interests
- identify and pursue sources of funding for projects to improve services and/or resources for young people
- draw up business plans, manage budgets, write reports and make formal presentations to funding bodies.

### **Salary**

- Youth support workers (those who are not fully qualified professional youth workers) can expect to earn between £18,117 and £28,017.
- Salaries rise incrementally for experienced professional youth workers with a recommended range of **£24,636 to around £41,575.**

### **Set up and run outdoor adventure activities**



- Salaries for local authority youth service managers vary according to the size of the authority and responsibility of the post but are usually in excess of £40,000.

*What does a youth worker do?*

Youth Workers work directly with children and young people, helping them to build life skills, develop healthy relationships and make decisions that are right for them. Youth Workers are often involved in projects and activities such as sport and performing arts.

*Typical responsibilities include:*

- setting up and running projects
- mentoring or counselling individual young people
- managing budgets
- applying for project funding
- maintaining confidential records



**Encourage, support, and make a difference.**

- writing and presenting reports
- recruiting and managing staff, including volunteers
- facilitating workshops in schools and community settings
- working with other organisations, such as schools, community groups and the police.



<https://nolimitshelp.org.uk/>

### Culinary Arts.



Always a favourite in any community programme as it usually means one gets a good tuck in at the end. This facet will seek the help of local Chefs and volunteers to teach the art of cooking.



This will also be one of the Workshops on the Apprenticeships Programme, Chefs to lead it are being sought as we speak.



**Cook, eat, and enjoy!!**

## **Sports**



Sports development is progressing quite well and to this end more sports will feature including, Field Hockey, Handball, Cricket, Netball, Volleyball, Softball, Archery, Skateboarding, Golf, Tennis and Basketball, etc.

In 2022 Basketball and Netball Workshops are planned, as well as for other sports.

Sports Teams will also keep you updated as to all results of local fixtures and competitions.

Funding for a new 4 court MUGA and other activities facilities is being sought.

*\*\*\* This Programme will be run by SportSkool, England Netball and others.*







## Apprenticeships Programme

### Building apprenticeships

A full support apprenticeship programme is ongoing in North

Baddesley, so if you feel this employment route is best for you, or you are not sure, come along to one of the many and varied Workshops planned from January 2022 onwards. Get more information from your Careers Teacher. A wide array of apprenticeships is available in the UK, so take a look at this list and see what you might fancy.



<https://www.se-apprenticeship.co.uk/types-of-apprenticeships.php>

### Space Engineering apprenticeships

There are four types or levels of apprenticeship available in England, for over 1,500 job roles.

They are:

Intermediate apprenticeships (Level 2)

Advanced apprenticeships (Level 3)

Higher apprenticeships (Level 4 and above)

**Degree** apprenticeships (Levels 6 — 7)



### Sports apprenticeships



**NB:** *Safety - All relevant policies and insurance in place - all Covid safety measures will be strictly observed, including the mandatory requirement for all Leaders and participants to wear Covid masks, and protective equipment for woodworking and other close work.*

**Workshops** - Run by - David Knight - Master Carpenter and Boat -Builder, SportSkool, England Netball and other professionals.

**\*\*\* Workshops are Filling up fast so get your 'Expression of Interest' form in.**



## **Community Life Centre - North Baddesley**

The Community Life Centre in North Baddesley is a branch of Community Life Church, registered Charity, whose primary purpose is to support 'all' residents in meeting their needs and achieving their aspirations, utilising a community development approach.

Its projects and programmes provide the opportunity for all residents to engage in a wide variety of learning activities and Workshops, within a 'Community Development' framework, in order to make a positive and sustainable difference in their lives, encouraging independence and interdependence.



### **Family Programmes**

The work done with all residents in collaboration with local relevant partners, trainers and other allied specialists comprises of a wide variety of challenging, inclusive, and interactive opportunities, which encourages residents to think, plan and organise for themselves, and become better informed about services, opportunities and support available.



### **Programmes and support for young people**



**Rosie**

Projects and programmes feature the development of learning, life, confidence, and practical skills, including discussions and debates for all age groups, all via workshops and one to one work run by professionals, and or, appropriate volunteers, around the issues of personal safety, life skills and employment skills, etc, and to meet challenges and discuss and learn how to sustain and build a life based on the principles of independence and interdependence.

Volunteers and professionals work with all age groups, helping people to become part of the engagement process and promoting civic engagement and responsibility.

Community Life Centre's Community Outreach Coordinator, Rosie Wilcox, has much experience in working with communities in myriad ways, and is a specialist in some areas. Rosie and others on the team have done sterling work for many years in North Baddesley, including running an older people's Workshops Programme, featuring crafts, willow weaving, stone carving and more. Pre - Covid she and Jan did a year's worth of community meet and greet and survey work, which has proved to be most valuable for the community, the development of this Bulletins an example. For more info contact Rosie at: **[info.communitylifecentre@gmail.com](mailto:info.communitylifecentre@gmail.com)**



## Other facets of your community programme

The Bulletin will also feature news of regular local events; holiday programmes, sports competitions and workshops, and anything of interest to young people.

Young people are strongly encouraged to participate in their local community and good works.

If you wish to get involved in any activity simply fill out the 'General Expression of Interest' form at the end of the Magazine and email it to David Knight at: [theknightz@hotmail.com](mailto:theknightz@hotmail.com)

**Opportunities, Opportunities. Opportunities!!!!!!!!!!!!!!!!!!!!!!**

## **Become a 'Communitier'.**

Let's first of all clear up the mystery. A 'Communitier' is a member of the community who gives their time, expertise, and experience to the rest of the community, where it is applicable safe and appropriate, to help make a difference.



### **Young people sharing skills**

Breaking it down further for example, one might enjoy working with other young people to afford them every chance for good employment and a successful and healthy life, Young Communitiers might like to go into residential homes or hospitals to read to residents and patients or help older folk to

learn how to use the computer and raise funds for those in need. Why not give it a social arm also, whereby Communitiers might organise events or Discos etc"; sounds like a winner, good, all you need to do is volunteer and help make a difference!

**Cleaning up the environment**

**Planting trees**

**Building habitats**

**Recycling**



***Work for your community, and make it work for you!***



**Loads of opportunities so get busy!!**



### **‘Better with Music’**



Recently North Baddesley has been able to secure the services of top music professional Luiza Staniec - Moir, with the aim of developing the fullest music programme for all age groups and abilities. Luiza is a top performer, having had a number 1 hit in Poland; she writes, records, and performs. She is also a Music Therapist and teaches general music to an array of groups, and supports abused women and girls through her work.



**Luiza**

<https://www.soundslikewomen.com/>

<https://www.soundslikewomen.com/music-production-studio>

A Lottery grant has been won in order to put on 10 **'free' group sessions** over February and March 2022 entitled 'Better with Music'.



Which groups the initial sessions will be for depends on the return of 'Expressions of Interest', so if you are a beginner, intermediate or advanced level, say so on the form; once a group of 8 to 10 at one of the levels signs up, we can get started.

Sessions will comprise learning about different genres of music world - wide

Writing and composing songs and music

Learning to play instruments as an individual and in a group

Forming Bands

Performance individual and group

Singing

Producing, arranging, and recording songs



***Here is a real opportunity to develop and be involved in a full music programme - grab it!!!***

### **General Expression of Interest Form**

*(You should be able to copy and paste this form from the Parish Council website - Community Bulletins). <https://www.northbaddesley-pc.gov.uk/community-bulletins/>*

Name: \_\_\_\_\_ Age \_\_\_\_\_

I am interested in:

\_\_\_\_\_  
\_\_\_\_\_

Parents Signature: \_\_\_\_\_ Parent's Email: \_\_\_\_\_

*\*\*\* Depending on interest shown and funding found, workshops and projects can be put on and will be advertised in this Bulletin. Those wishing to join any activity will be kept informed and sent an official Registration Form at the appropriate time.*

**Email to David Knight at: [theknightz@hotmail.com](mailto:theknightz@hotmail.com)**

**Clubs, groups, and leaders, email your articles to David Knight by the 15<sup>th</sup> of the month.**