

# Adult Community Activities & Opportunities Bulletin

April issue 2022



**Music - Keyboards**



**Employment Community Support**



**Apprenticeship Opportunities - for all age groups.**



**Netball**



**Improve the environment**



**Work with young people**

**Opportunities aplenty - get involved and enjoy!!**

## **‘Better with Music’ – ‘Free’ Keyboard Tuition - Over 18s**



Our good friend Luiza Staniec – Moir will run Keyboard sessions for beginners from 26<sup>th</sup> May at the Recreation Ground Pavilion for 5.30pm to 7pm, 6 more sessions and perhaps more will follow for this age group. Luiza is a top-notch musician, song writer and performer so do not miss this opportunity.

**Luiza Staniec – Moir**

### **Keyboard sessions for beginners:**

The content of this programme.

#### **Stage I**

s. 1. Finding your way – how the keyboard is built, black keys and white keys, how to play it – hands and pedal use.

s. 2. Sounds within the keyboards - exploring keyboard's sounds, playing simple melodies, using different sounds, individual a group exercises on a keyboard.



s. 3. Over 18s playtime – revision - playing keyboard together in ‘free improvisation’, with changing sounds, in pairs, individually and with the whole group.

#### **Stage II**

s. 4. Learning the musical alphabet, right hand and left hand, musical notation and what is it for, examples – introduction part 1.

s. 5. Learning to play by ear - making music without notation – introduction, learning how to do it part 1.

s. 6. Over 18s playtime – revision – playing keyboards with musical notation or (and) by ear, in pairs, individually and with the whole group, finding your own preference.

#### **Stage III**

s. 7. Learning a musical alphabet, right hand and left hand, musical notation and what is it for, examples – introduction part 2.

Learning simple songs on a keyboard reading notes. Playing together or in pairs, preparing this way one or two simple pieces of music for a short show.

s. 8. Learning to play by ear - making music without notation – introduction, learning how to do it part 2.

**Where:** Recreation Ground Pavilion

#### **When:**

26/05/22

16/06/22

23/06/22

30/06/22



07/07/22  
14/07/22

**Who:** 18 +

**Time:** 5.30 -  
7pm

**Cost:** Nil



**Luiza in full flow!!**

[https://www.youtube.com/watch?v=wRZAxDDe08Y&list=PLj1kWu\\_h6An4Yn1CJvdkZaEID-NykX3qy&index=8](https://www.youtube.com/watch?v=wRZAxDDe08Y&list=PLj1kWu_h6An4Yn1CJvdkZaEID-NykX3qy&index=8)

[https://www.youtube.com/watch?v=4q2CY3i7AC4&list=PLj1kWu\\_h6An4Yn1CJvdkZaEID-NykX3qy&index=24](https://www.youtube.com/watch?v=4q2CY3i7AC4&list=PLj1kWu_h6An4Yn1CJvdkZaEID-NykX3qy&index=24)

<https://www.youtube.com/watch?v=6Nu6gL63xuY>

## Apprenticeships for all ages

Careers and Apprenticeships - Support and Information.

You will undoubtedly be aware by now that the North Baddesley Parish Council, Recreation Ground Charity, and the North Baddesley Youth Projects Clubs, working with partners Mountbatten School Careers Adviser, Kiwi Education Ltd and a host of local and regional professionals is building the strongest possible support programme for young people in North Baddesley.



**However**, apprenticeships are not just for younger people, they are for all age groups.

To this end, 9 different Apprenticeship and Careers Awareness Workshops will take place for those 18 and older in 2022. This is an ongoing project so many more and different workshops will take place in the future to allow over 18s to see what choices are available



In this Bulletin we are going to take a look in brief at 2 available routes for Apprenticeships. Bear in mind that the descriptions are very brief, so do not hesitate to visit their websites and do more research and ask questions of support workers. Each subsequent Bulletin will feature more information on specific apprenticeships.

**The world is your Oyster, pry it open!!**

## BAE Systems - Apprenticeships

<https://www.baesystems.com/en/careers/careers-in-the-uk/apprenticeships>

What does BAE Systems do?

It designs, manufactures, upgrades, and supports combat vehicles and provides ammunition, precision munitions, artillery systems and missile launchers to a global customer base.

Here are just some of the apprenticeships offered:

- Software Engineering. Electrical Engineering. Project Management. Maintenance.
- Finance. Business. Aircraft Maintenance. Welding.
- Mechanical Engineering. Management. Design. Sheet Metal.

How hard is it to get into BAE Systems?

Employment with BAE is highly competitive, so candidates are encouraged to submit their applications as early as possible

Here are some tips to help make your interview with BAE Systems successful.

1. Understand our company and our work. ...
2. Review your skills, interests, values, and accomplishments. ...
3. Be prepared to talk about anything on your resume. ...
4. Practice interviewing out loud. ...
5. Prepare your own questions. ...
6. Know where to go and be on time.



## Space Apprenticeships

There are still plenty of ways to get into the growing space sector. There is a skills gap in the space sector as there aren't enough people with the technical skills the industry needs. An apprenticeship combines practical training in a job with study. Apprentices work alongside experienced staff to gain job-specific skills whilst earning a wage and working towards a number of qualifications.

### Finding an Apprenticeship

The simplest method is to simply email all of the space companies that you know either in your area or nationwide with speculative enquiries. Alternatively, the Government keeps a database of apprenticeships. There are not always relevant vacancies available but checking frequently will give you the best chance of finding one.

Some companies recruit new apprentices onto structured schemes every year.

Airbus - Technical - Stevenage or Portsmouth

RAL Space - Computing - Didcot

Reaction Engines - Engineering - Abingdon

Surrey Satellite Technology Ltd (SSTL) - Mechanical Engineering, Electrical Engineering, IT - Surrey

QinetiQ - Science, Technology, and Business - Boscombe Down

Lockheed Martin - Engineering or IT – UK

Opportunities within the space industry include the obvious range of specialisations in (aero)space, electrical, electronic, mechanical, communications, IT and systems engineering, but also the application of



<https://ukspace.org/wp-content/uploads/2019/06/Careers-in-Space> UKSA.pdf

<https://kiwieducation.co.uk/>



theknightz@hotmail.com

Kiwi Education is a unique, diverse, award-winning training provider offering a wide variety of vocational qualifications across the UK and internationally around the World. Our team consists of experienced, qualified delivery professionals with extensive industrial experience. We aim to deliver a fully responsive tailored service in order to meet the needs of the business we work with. We are commercially driven, and learner centred, while injecting fun into our delivery models. We make learning motivating, fun & enjoyable.



<https://kiwieducation.co.uk/app/uploads/2020/10/Kiwi-Education-Brochure-2020.pdf>

Where: Recreation Ground



Who: 18 and over

**‘Coaching by England Netball’**

Cost: Zero

**Meet friends, make new ones, get fit and above all enjoy!!**

**‘Become a Leader or Volunteer ‘Communitier’ and make a difference.**

Let’s first clear up the mystery. A ‘Communitier’ is a member of the community who gives their time, expertise, and experience to the rest of the community, where it is applicable and appropriate, to help make a difference.



**Make costumes, help to read lines, write scripts, or build scenery**

**Work with young people**



Breaking it down further for example, one might enjoy working with young people to afford them every chance for good employment and a successful and healthy life’



**Teach or assist with Apprenticeships**

**Help make movies and documentaries, organise campaigns and surveys**



**Environmental projects, roadside, and forestry improvements**



You might like to go into residential homes or hospitals to read to residents and patients or help older folk to learn how to use the computer.

Could you set up a Reading Programme, teach guitar, run a Ukulele group, or help with IT skills?

Why not give it a social arm also, whereby Communitiers might hold events, social evenings etc.

Volunteers currently needed to head up:

Culinary workshops. Reading support. Environmental projects. Sports development

Theatre projects. Apprenticeships workshops support. Music development.

Youth Projects Clubs. Youth Clubs. Educational and learning work. IT.

**A couple of hours a month can make all the difference.**

## Drama, Dance and Musical Theatre



Top instructor Alice of SportSkool/Learn Happie will hope to start sessions soon.

If you have an interest in any of the activities, she is offering please fill out the **Expression of Interest Form**.



## Culinary Arts – Cook, Eat and Enjoy

It is intended that ‘Free’ cooking will be a very big part of the 2022 programme for those 18 + to learn about the eating habits of the world and learn how to prepare (and of course eat) a wide variety of dishes. Someone to head up this programme is being sought as we speak, with local Chefs and volunteers to teach the art of cooking being enlisted.

Culinary Arts will also be one of the 9 Workshops featured as a part of the Adult Apprenticeships Programme in 2022.



**French Cuisine**



**Chinese Cuisine**



**Japanese Cuisine**



**Indian Cuisine**



**Mediterranean Cuisine**



**Turkish Cuisine**



## More Opportunities

Interested in photography, you could join the Practical Camera Club

<https://practical-camera.club/>



Interested in archery, you could join local club Romsey Archers

<https://www.romseyarchers.org.uk/>

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## ‘General Expression of Interest Form’

(You should be able to copy and paste this form from the Parish Council website - Community Bulletins).

<https://www.northbaddesley-pc.gov.uk/community-bulletins/>

Name: \_\_\_\_\_ Age \_\_\_\_\_

I am interested in: \_\_\_\_\_

Signature: \_\_\_\_\_ Email: \_\_\_\_\_

\*\*\* A typed signature will suffice as this is not an official registration form.

**Friends and Neighbours coming together to make a difference. North Baddesley is building the best community programme in the area, be a part of it!!**