

Youth Community Activities and Opportunities Bulletin

June 2022 Issue



Sports Apprenticeships



Woodworking Club



Careers Support



Keyboard sessions with Luiza Staniec – Moir



Magic Tutorial with Michael King



Communteers

Produced by The North Baddesley Parish Council, with Sustainable Communities.

Careers and Apprenticeships - Support and Information

You will undoubtedly be aware by now that the North Baddesley Parish Council, Recreation Ground Charity, and the North Baddesley Youth Projects Clubs, working with partners Mountbatten School Careers Adviser, North Baddesley Junior School, Kiwi Education Ltd and a host of local and regional professionals is building the strongest possible support programme for young people in North Baddesley.

To this end, despite the restrictions foisted on us by Covid, 4 of a planned 9 Apprenticeship and Careers Awareness Workshops have taken place, The Arts (magic) and Woodworking. This is an ongoing project so many more and different workshops will take place in the future to allow young people to see what choices are available.

In this Bulletin we are going to look, in brief, at another 2 available routes for Apprenticeships. Bear in mind that the descriptions are very brief, so do not hesitate to visit their websites and do more research and ask questions of support workers. Each subsequent Bulletin will feature more information on specific apprenticeships.

What is a sports apprenticeship?



Turning your sports skills into a high-flying career doesn't necessarily mean landing a spot on the next Team GB Olympic team or signing a contract with a Premier League football club.

A sport and fitness apprenticeship is a great way to get the qualifications and practical experience that can boost a career in this field. An apprenticeship can teach the skills necessary in several professions, like fitness instructing, personal training, sports coaching, lifeguarding, physiotherapy, and injury recovery coaching. Hands-on experience can be gained through **leisure apprenticeships** that take place in gyms, clubs, recreation centres and in sports teams.

A sport and fitness apprenticeship allows an employer the opportunity to mould on-the-job training in the way that the company desires. Sports and fitness apprenticeships will take on apprentices at various levels, from school leavers to university candidates.

Take a look at these sporting apprenticeships for inspiration.

Sports development apprenticeships

Sports development involves organising projects, programmes, information, and training to encourage people to increase their activity and have a healthier lifestyle or to participate more actively in their community.

Training opportunities

The work is challenging and varied and may include the development of performance sport, community sport and physical activity and/or participation for particular target groups.



Sports development officers will typically be responsible for working with local communities to:

- identify the need and demand for new activities

- improve access to sport for young people, people with disabilities and people from disadvantaged communities,
- support community amateur sports clubs

They can also be responsible for:

- organising national governing body qualification courses
- sport and physical activity events
- supporting initiatives to reduce crime and rehabilitate offenders.

Typical tasks involved in sports development can include:

- making sure resources are used and all available funding is accessed
- putting local and national policies into practice
- identifying opportunities for funding
- organising, promoting, and running projects
- monitoring and evaluating projects
- attending meetings, seminars and conferences and finding and training suitable staff, coaches, and volunteers for projects

They may also need to manage resources and budgets.



This is an Advanced Apprenticeship (at Level 3), offering these job roles:

- community sports development officer
- sports specific development officer

Ref: <https://www.allaboutschooleavers.co.uk/school-leaver-options/apprenticeships/sports-apprenticeships-what-could-i-do>

<https://successatschool.org/advisedetails/863/sports-apprenticeships>

Internet – 20th May 2022

Sports Coach - Occupation summary



This occupation is found in the sport and physical activity sector in high-performance, community and school environments.

HIGH PERFORMANCE SPORT COACHES: develop athletes and players in high-performance settings, including those on talent or development pathways, national or international programmes, professional or podium environments.

COMMUNITY SPORT COACHES: motivate and engage people of all ages and abilities in community sports and physical activity settings. Community sport includes local authority, charity and national governing body of sport community initiatives or clubs.

SCHOOL SPORT COACHES: collaborate with teachers to develop pupils' mastery of psychomotor skills by applying a whole child approach in their coaching. They work in all categories of school and registered childcare environments.

The broad purpose of the Sport Coach occupation is to use extensive technical and tactical sports knowledge and skills to design and deliver coaching programmes that engage, motivate and evolve participants' skills and performance.

Sport coaches aim to provide meaningful and high-quality learning, development, and performance experiences. They support the achievement of medals in talent, national and international competition, enrich performance in local competitions, increase participation, raise educational standards, enhance wellbeing, and drive social change. Sport coaches can influence national wellness to reduce burden on the National Health Service.



In their daily work, a sports coach interacts with and influences the coaching team including assistant coaches, coaches, managers, sponsors, boards, and wider industry support networks. They do this through the design and delivery of their own coaching philosophy and professional practices in line with the organisational visions, strategies, policies, and processes. They may also influence professional and governing bodies through their own practice. Sports Coaches measure the impact of their coaching strategies through analysis of participant, coach, coaching team and organisational perception and performance data. This is then benchmarked against local, national, and international trends relevant to the environment in which they are coaching.

**** Fill out the 'Expression of Interest' form on the last page to get a place on an upcoming 'Introduction to 'Sports Apprenticeships' in North Baddesley.**

Keyboard Tuition



Our good friend Luiza Staniec – Moir has run the first of 6 free **Keyboard sessions** for beginners at the Recreation Ground Pavilion. These sessions are for those in their last year at Junior School only. Luiza is a top-notch musician, song writer and performer so do not miss this opportunity. Places may still be available so fill out the 'Expression of Interest' form in this bulletin – *It pastes and copies from the community Bulletin on the Parish Council website*

Dates of planned sessions.

1.26/05/2022 - Done
2.16/06/2022
3.23/06/2022
4.30/06/2022
5.07/07/2022
6.14/07/2022



****More sessions may follow if interest is shown.**

Keyboard sessions for beginners: The content of the sessions.

Stage I

s. 1. Finding your way – how the keyboard is built, black keys and white keys, how to play it – hands and pedal use.

s. 2. Sounds within the keyboards - exploring keyboard's sounds, playing simple melodies, using different sounds, individual and group exercises on a keyboard.

s. 3. Junior's playtime – revision - playing keyboard together in 'free improvisation', with changing sounds, in pairs, individually and with the whole group.

Stage II

s. 4. Learning the musical alphabet, right hand and left hand, musical notation and what is it for, examples – introduction part 1.

s. 5. Learning to play by ear - making music without notation – introduction, learning how to do it part 1.

s. 6. Junior's playtime – revision – playing keyboards with musical notation or (and) by ear, in pairs, individually and with the whole group, finding your own preference.

Stage III

s. 7. Learning a musical alphabet, right hand and left hand, musical notation and what is it for, examples – introduction part 2.

Learning simple songs on a keyboard reading notes. Playing together or in pairs, preparing this way one or two simple pieces of music for a short show.

s. 8. Learning to play by ear - making music without notation – introduction, learning how to do it part 2.



Luiza in full flow!!

Better with Music!!

‘Become a Leader or Volunteer ‘Communitier’ and make a difference.

A ‘Communitier’ is a member of the community who gives their time, expertise, and experience to the rest of the community, where it is applicable and appropriate, to help make a difference.

Make costumes, help read lines or build scenery



Breaking it down further for example, one might enjoy working with young people to afford them every chance for good employment and a successful and healthy life’

Work with young people as a Youth Support Worker – Gain qualifications

Woodworking Club - Workshop 3



This 3rd workshop will take place from 5.30 to 8.30pm on the 10th of June 2022 in the Recreation ground pavilion.

If you are interested send the 'Expression of Interest' form to David Knight PCC: theknightz@hotmail.com

***** This Workshop will feature shaping tools and carving**

'Communteers' currently needed to head up and support:

Culinary workshops. Reading support. Environmental projects. Sports development
Theatre projects. Apprenticeships workshops support. Music development.
Youth Projects Clubs. Youth Clubs. Educational and learning work. IT. Woodworking Club.

Why not give it a social arm also, whereby 'Communteers' might hold events, social evenings etc. Sounds like a winner, good, all you need to do is volunteer and help make a difference, don't let all your experience, training, qualifications and skills languish and rust, get involved!!

A couple of hours a month can make a 'big' difference.



Weightlifting



Abseiling



Pistol shooting



Rowing



Go Karting



Yoga



Sewing



Fencing

So many choices, so much to take advantage of!!!

A Magical Event



As a part of the North Baddesley 'Apprenticeships Awareness and Opportunities' programme which includes the Arts, our very good friend Michael King was asked to follow up his previously successful 'magic show' at the Junior School with a Tutorial, going deeper into

the art to explain some of its workings. According to the comments by Teachers and the Headteacher it was a resounding success for about 90 year 6 students

Michael King who has performed all over the UK and abroad explains:

What is a Magic Tutorial, and what does it hope to achieve?

Very often as a practicing professional performer I am fortunate enough to attend lectures on magic and the associated performing arts.



The vehicle for these is usually a closed membership only club, so not available to those who may simply want to show an interest and explore the possibility of acquiring the skillset to learn or perform 'magic'.

Many professional magicians started out as school pupils with an interest, an inquisitive mind for mystery, or keen hobbyists often encouraged by family or friends.



During the last fifty years magic has been able to reach a global audience through tv and social media, together with big budget films and the associated world of special effects.

The excitement and wonder of magic were catapulted beyond the limits of theatre into the much larger world outside, progressing through screen, street magic, and every conceivable form of the evolving entertainment industry.

A Magic Tutorial is a way of introducing other people – of all ages – to a form of entertainment where you quite literally need to look outside of the box! The aim is to go behind the scenes if you like and discover how magic can be created often quite easily to allow an entertaining effect to take place.

The magic tutorial should allow a broader spectrum of thought, encourage ideas and self-confidence for the individual, and very possibly a **future career in the arts and entertainment** world, or just an absorbing and fascinating interest to carry with them anywhere in the world.

Michael entertaining world-renowned magician Paul Daniels and his wife Debbie.



"you're good" - Paul Daniels. "Michael, how did you do that?" - Uri Geller. "fantastic!" - Jeremy Paxman



Our recent magic tutorial at North Baddesley Junior School on the 17th of May proved a great success, with pupils witnessing directly how magic can appear to an audience – learning to misdirect the eye and the mind both visually and verbally to cause the seemingly impossible.

Coins vanished and reappeared – cards changed value and colour – ropes clearly cut in half repaired themselves – changed length – knots dissolved into nothing – a ball became two, then three and then four – a red handkerchief really seemed to evaporate into thin air – thimbles jumped around or passed through someone's head without causing harm – a cocktail umbrella became a sweet that could be given away – a haunted silk scarf allowed a chosen card to levitate into the air with no visible means of support.....and much of this with the performers sleeves rolled up !!

Pupils may find that some of their friends are natural sports players, musicians, photographers, writers or composers, masters of electronic media and online games...but the pupil of any age who can master a few easy to learn and fun to perform magic tricks will be able to shine with their own talent and newly found confidence.

In conclusion the pupils were given advice on where to take their interest further with safe United Kingdom specialist supplier contacts, to seek out local magic clubs or the junior Magic Circle, direction for watching magic shown online or via YouTube etc. to see some great magic performed by current or past leaders in the field.

Telephone: 01264 710 368
Email: michael@michaelkingmagic.com



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General 'Expression of Interest' Form

(You can copy and paste this form from the Parish Council website - Community Bulletins Sect). <https://www.northbaddesley-pc.gov.uk/community-bulletins/>

Name: _____ Age _____

I am interested in: _____

Parents Signature: _____ Parent's Email: _____

*** A typed signature will suffice as this is not an official registration form.

Send to: David Knight PCC: theknightz@hotmail.com